The Phoenix Trail has something to suit everyone, whether it’s a quick and traffic-free cycle ride between Princes Risborough and Thame, a tranquil path to amble along with your dog on a summer’s evening, somewhere safe to teach your child to ride their first bicycle, or a connecting route for horses to get on and off the Ridgeway at Bledlow. Sit on the sculptures to admire the magnificent views of the nearby Chiltern Hills and observe Red Kites, the impressive birds of prey that thrive in the area. Whatever the weather or season, the Phoenix Trail gives you the chance to get out into the fresh air all year round. See you there!

The National Cycle Network is a comprehensive network of safe and attractive routes to cycle throughout the UK. 10,000 miles are due for completion by 2005, one third of which will be on traffic-free paths, the rest will follow quiet lanes or traffic-calmed roads. It is delivered through the policies and programmes of over 450 local authorities and other partners, and is co-ordinated by the charity Sustrans.

www.nationalcyc lenetwork.org.uk
For more information on routes in your area:
Sustrans 0845 113 0065
or visit the interactive mapping on our web site.
The Phoenix Trail is flat and surfaced and ideal for wheelchairs and pushchairs and there is seating every 500 metres. The first 2.5 miles out of Thame are surfaced with tarmac and the remainder with compacted limestone dust. Wheelchairs may experience difficulty with the access ramps at Towersey Halt and the B4009.

The Phoenix Trail

- Traffic-free route (tarmac or surfaced)
- On-road route
- Link route (may be bridleway, or byway, used by vehicles or horses as well as cyclists and walkers)

The Phoenix Trail provides a traffic-free route for cyclists, and is ideal for wheelchairs and pushchairs. The Phoenix Trail is surfaced and flat, making it accessible for all users. There is seating every 500 metres along the route. The first 2.5 miles out of Thame are surfaced with tarmac, and the remainder is covered with compacted limestone dust. Wheelchairs may experience difficulty with the access ramps at Towersey Halt and the B4009.

The Phoenix Trail is a traffic-free route that is ideal for cyclists, wheelchairs, and pushchairs. It is flat and surfaced, with seating every 500 metres. The first 2.5 miles out of Thame are surfaced with tarmac, and the remainder is covered with compacted limestone dust. Wheelchairs may experience difficulty with access ramps at Towersey Halt and the B4009.

**Code of conduct for shared use paths**

- **Motorbikes**: are not permitted on the path.
- **Walkers**: if you are walking with a dog, please keep it on a lead at all times, and clear up any mess.
- **Horse riders**: please proceed at a walking pace to protect the surface of the path for other users, and to allow families with young children to use the path in comfort.
- **Cyclists**: please don’t expect to cycle at high speeds.

  - Be prepared to slow down or stop if necessary.
  - Be careful at junctions, bends, and entrances.
  - Give way to walkers, wheelchair users, and horse riders - leave them plenty of room.
  - Remember that some people cannot hear or see well - don’t assume that they can.
  - Fit a bell and use it - don’t surprise people.

There are many artworks on the trail, for a separate leaflet on these please contact Sustrans 0845 113 0065 or www.nationalcyclenetwork.org.uk

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