

Section 8

Aldbury to Studham

16.2km (10.1 miles) Route profile page 50

Amenities and Attractions

1 The National Trust's Ashridge Estate is internationally recognised and protected because of its wildlife, landscape and archaeology. As you ride, look out for fallow deer and, in springtime, enjoy the carpet of bluebells amongst the beech woods.

Drop in at the visitors' centre adjacent to the Bridgewater Monument to learn more about Ashridge. A free leaflet featuring cycle rides in and around the Ashridge Estate is available from the shop. There is also a tea room.



Bridgewater Monument

This section leads up through the extensive woodland of the Ashridge Estate and out over the chalk uplands of Ivinghoe Beacon.

Route information: The route is on roads and lanes, except for the Ashridge Estate's 'Duncombe Terrace Route' (about 2 ½ miles) between the Bridgewater Monument and a car park near Ivinghoe Hills. Duncombe Terrace has mixed surfaces, generally good quality but with a section of farm track. **There is a steep hill between Aldbury and Ashridge and there are long hills in each direction from Hudnall Corner.**

2 Ivinghoe Beacon

This was the site of an Iron Age hill fort and has spectacular views. It is the start/end point of the Ridgeway National Trail. The car park has cycle stands. Look eastward to see the lion hill carving at the Whipsnade Zoo.

3 Little Gaddesden is an attractive old Estate village with a shop and a pub.

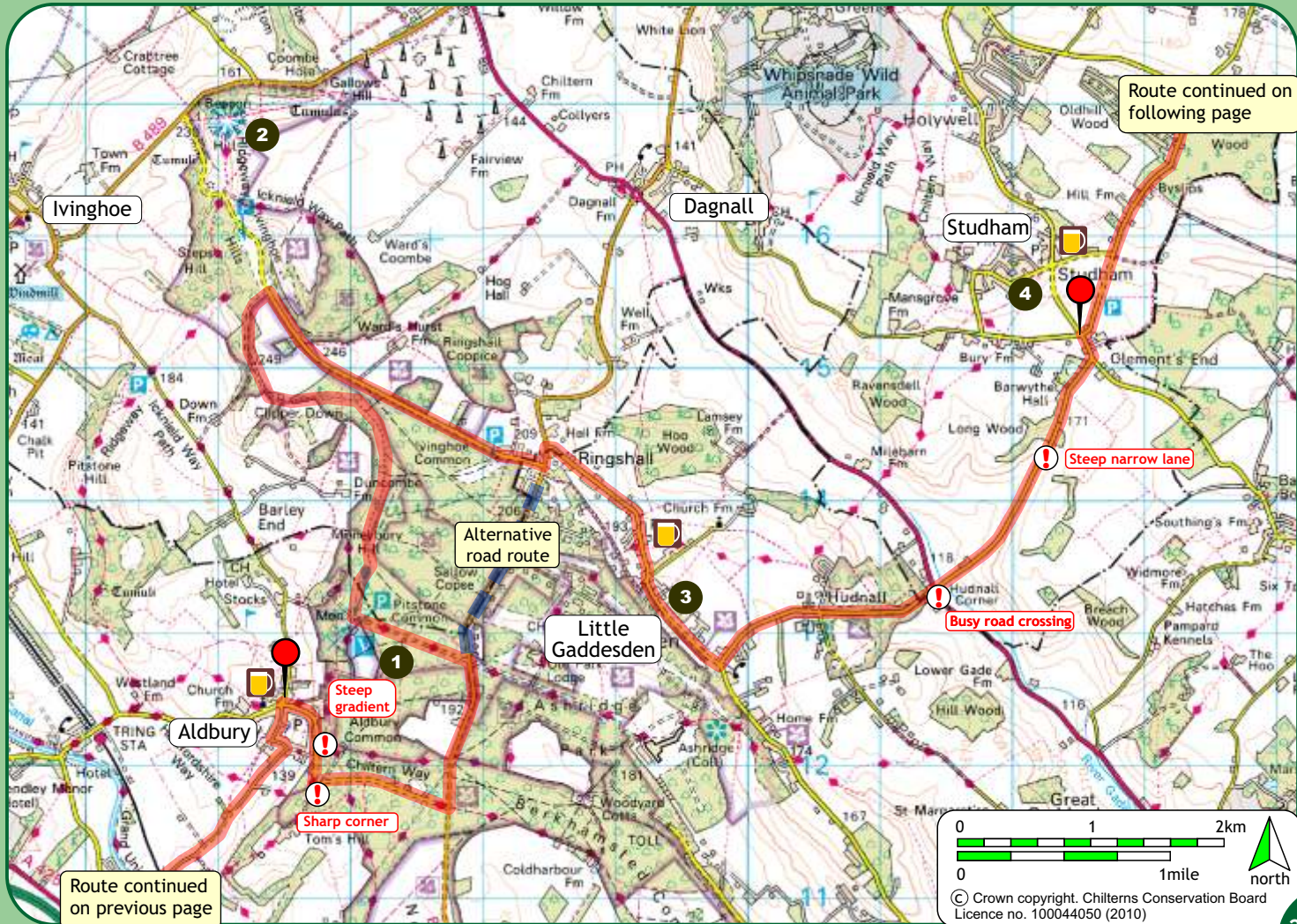
The Bridgewater Arms Tel. 01442 842408

4 Studham

A pleasant village surrounded by open commons, good place for a picnic.

Red Lion pub, Tel. 01582 872530

The Bell pub, Tel. 01582 872460



Route continued on following page

Ivinghoe

Dagnall

Studham

Alternative road route

Little Gaddesden

Aldbury

Steep gradient

Sharp corner

Steep narrow lane

Busy road crossing

Route continued on previous page

