From Ley Hill you pass ancient villages overlooking the beautiful Chess Valley. 

**Route information:** Some steep descents out of Ley Hill on quiet roads to Latimer and across the River Chess. From here the route follows unsurfaced woodland tracks to Amersham (Cycleway follows Chiltern Heritage Trail which is signed). The alternative road route is busy but takes you directly into Chesham before heading up to rejoin the route at Amersham.

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**Amenities and Attractions**

1. **Latimer** is one of the Chess Valley’s most ancient and picturesque villages. Latimer House dates back to the 13th century. The Romans settled along the River Chess leaving many artefacts of interest to archaeologists including a fine villa.

2. **Chenies Manor** - An enchanting Tudor manor house set in the picturesque village of Chenies. Manor and gardens open to the public Tel. 01494 762888

3. **Amersham** is an old market town with coaching inns, a museum and lots of historic buildings. The River Misbourne chalk stream flows through the town.

   - Dees Cycles, Amersham Tel. 01494 727165

   - Amersham and Chalfont & Latimer Stations - Trains from London Marylebone, Baker Street and Aylesbury

   - London Underground Metropolitan Line