Section 12
Lilley to
Apsley End
22.5km (14.0 miles) Route profile page 51

Amenities and Attractions

1. Streatley
   The Chequers (pub and B&B) Tel. 01582 882072

2. Sundon Hills Country Park
   Situated at one of the highest points in Bedfordshire, the Sundon Hills offer stunning views. There are waymarked walks over chalk grassland and woodland. The flowers and butterflies are a special feature in the summer.

3. Harlington has a pretty village green (good place for a picnic) and two pubs:
   The Old Sun Tel. 01525 877330
   The Carpenters Arms Tel. 0152 5872384.

4. Sharpenhoe Clappers (National Trust)
   A prominent wooded hill believed to be the site of an Iron Age hill fort. There is a circular walk around the hill, with far-reaching views.
   The Lynmore Counrty pub is at the foot of the Clappers, Tel. 01582 881233.

5. Barton Hills National Nature Reserve
   The chalk downland meadows of the Barton Hills National Nature Reserve, managed by Natural England, are amongst the finest in the country, famous for their wild flowers and butterflies. Climb to the top of Barton Hills for panoramic views. The entrance to the nature reserve is just past the church.

6. Apsley End
   The Musgrave Arms is an attractive 16th century pub with large garden. Tel. 01462 711286
   Harlington Station - Trains from London St Pancras and Luton

From Lilley the route descends to the open landscape of the Bedfordshire Levels, rising again to go up and over the Sundon Hills.

Route information: This route is on undulating roads and lanes with a significant hill near Sundon Hills Country Park. The roads on this stretch can be busy, especially through Barton-le-Clay. Take care on the busy road crossings.
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