About the walk

The walk has been designed to allow you to choose the most appropriate route for you. The shortest route is 2¾ miles and the longest one is 7½ miles.

The walk offers fantastic views of the Thames Valley and Chilterns Area of Outstanding Natural Beauty with wonderful countryside and picturesque villages. Along the way you may see birds such as red kites, buzzards, herons, kingfishers and pheasants and animals such as deer.

Historical features along the walk include Henley town, Fawley Court, Hambleden Mill in Lock, Temple Island and Hambleden village. You can also watch boats and rowers on the River Thames or people canoeing in the weir at Hambleden Lock.

There are refreshments/kiosks in Hambleden and the pub in Aston.

How to get to the start

Picturesque Henley-on-Thames is located on the banks of the River Thames in Oxfordshire, 6 miles north of Reading.

By Train: Henley is easily reached by rail and the station is in the centre of town. There are regular train services from Reading, Oxford, London Paddington and Slough, requiring a change at Twyford. For train times and fares call National Rail Enquiries on 08457 48 49 50.

By Bus: A regular bus service 800/850 operates between Reading-Henley-Mill End-Marlow-High Wycombe 7 days a week. You can catch this service either to get to Hambleden Lock or return to Henley. A bus shelter is located on the main road at Mill End. For timetables call 0870 200 22 33 www.traveline.info.

By bike: There is cycle parking at Henley rail station, car parks and market place.

Parking: There is long-stay parking at Henley railway station (cheaper after 10am) and at the Dry Leas car park as shown on the map.

Walking gets you fit and keeps you healthy!

Visitor information

Henley is a historic market town with a wide range of shops, cafes and restaurants to suit most tastes and budgets. Henley Tourist Information Centre can advise you on accommodation, local attractions and events and other walks in the area, call 01491 578034 or www.visitchilterns.co.uk for information on Henley and the wider Chilterns.

Thames & Chilterns Walk

Start: Henley-on-Thames, Hart Street

From Henley you walk 2¼ miles along the Thames Path to Hambleden Lock. From Hambleden Lock you can either:

• Walk 2¼ miles back to Henley along the Thames Path (this is suitable for some people with limited mobility, eg pushchairs)

• Do a 2½ mile circular walk from Hambleden Lock to Hambleden village and back to the lock - you can return to Henley by bus, or by walking 2¼ miles back along the Thames Path.

• Do a 2½ mile walk from Hambleden Lock to Aston Village and then back to Henley via footpaths in Remenham Parish.

Difficulty: From Henley to Hambleden Lock the route is flat. The routes to Hambleden and Aston involve some gentle hills.

Seasonal: During wet periods some paths can be muddy and slippery, during winter the Thames Path may not be passable due to flooding, call Floodline 0845 988 1188 to check.

This is one of a series of walks through the Chilterns Area of Outstanding Natural Beauty. It mainly follows rights of way most of which are waymarked as follows:

Path waymarking

• ‘yellow arrow’ Footpaths (walkers only)

• ‘blue arrow’ Bridleways (horseriders, cyclists and walkers)

Please be considerate in the countryside

• Keep to public rights of way, and leave farm gates as you find them.

• Keep dogs on leads near livestock and do not allow dogs into the river.

If you have enjoyed this walk, there are many other wonderful walks in the Chilterns:

• Visit www.chilternsaonb.org or call 01844 771250 for information on the Chiltern Society’s walk programme, to obtain Chiltern Society footpath maps or to join the Society.

The Chilterns were designated as an Area of Outstanding Natural Beauty (AONB) in 1965. This is in recognition that the Chilterns countryside is amongst the finest in England and Wales.

Wine, dine and cream teas at Hotel du Vin

Only 50 yards from the glorious riverside, the classic Georgian façade of the old Bradshaws Brewery is home to Hotel du Vin Henley-on-Thames. The perfect place to stop for afternoon tea, a quick bite in the Bar or Bistro whilst exploring the stunning Chilterns countryside.

www.hoteldavin.com Tel 01491 848 400

Access Information

From Henley to point A on the Thames Path is flat with a hard path and no steps or stiles. For the first ½ mile the path is wide and tarmac. After this the path is not as smooth and much narrower (55cm for a short stretch), though the path is through short grass on firm ground. At about ½ mile there is a 10 metre long arched bridge with a gradient of >1:12 with which some wheelchair users may need assistance. For ½ mile between point A and the Lock the path is not surfaced, it is grass/earth (though compacted). There are benches at regular intervals along the path. There is a wide tarmac path from the Lock to Aston village which slopes gently uphill and has a kissing gate which takes mobility scooters. All the other routes described in this leaflet are restricted by stiles/ steps. Henley, Reading, Slough, Oxford and London Paddington stations are all accessible for people with wheelchairs and push chairs.

Chilterns Country

Visitor Information

Henley is a modern award winning museum and café offering information and exhibitions about the River Thames, Henley, rowing and a Wind in the Willows exhibition.

Visit www.rmm.co.uk or call 01491 415600

Henley Regatta/Festival

Please note that it is not possible to do this walk during Henley Regatta and Festival – which generally take place during the first 2 weeks in July.

For more information about these events call 01491 578034.

Boat Services

Hobbs of Henley operate public river trips between Marsh Lock and Hambleden Lock, from Easter to end of September. Self-drive boats are also available for hire. For further information call 01491 572035.

Salter Steamer operate 45 minute round trips down the Regatta course to Temple Island, daily from May to September. For further information call 01865 243421.

An Area of Outstanding Natural Beauty

Henley-on-Thames, Oxfordshire

Walk Description. A choice of walks from Henley along the River Thames into the Chiltern Hills

Start and Finish

The Chilterns

an Area of Outstanding Natural Beauty

Red Cow

Image from www.chilternsaonb.org

Visit Thames & Chilterns Walk

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Difficulty: From Henley to Hambleden Lock the route is flat. The routes to Hambleden and Aston involve some gentle hills.

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Henley to Hambleden Lock

- From Henley Hart Street cross the bridge over the River Thames on the left hand side. Once over the bridge turn left, following the signs for the Thames Path to Hambleden Lock, the path between the buildings will take you onto the side of the River. Follow the path for 2¼ miles until you reach Hambleden Lock.
- You can divert to Remenham village to see the traditional brick and flint Church of St Nicholas Remenham.

Circular walk to Hambleden

- At Hambleden Lock cross over the river Thames on a series of bridges and then follow the driveway to the main road. Bus stops here.
- Take care crossing the road, then turn right and follow the path/road to the left towards Hambleden.
- At the junction on the right to Rotten Row enter the field through the kissing gate (NB There are toilets in the car park 50m further along the Hambleden road). Follow the path towards the village, crossing a track half way.
- Join the road, turn right over the stream and walk into the village.
- Hambleden has a village store and the Stag & Huntsman pub serves meals 12-2 and offers B&B. Call 01491 574721.
- Continue past the pub and private road sign and up the hill.
- Leave the wood over the stile and cross the field to the signpost. Follow the path through the trees, continue over the stiles and fields until you reach the outskirts of Henley.
- Turn left and follow the road past the cricket pitch until you reach the main road and the Little Angel pub.
- Turn right along the main road and cross the River Thames back into Henley.

Walk from Lock to Aston village and then Henley

- From Hambleden Lock continue along the Thames Path downriver towards Hurley following the tarmac road. Follow the road away from the River to the village of Aston.
- Turn left to go to The Flower Pot pub which serves meals and offers B&B. Call 01491 574721. Otherwise turn right and follow the road for 50 metres, then turn left at the permitted footpath sign and follow the track up the slope (The Copas Partnership has kindly given permission to use this path section of which is not a public right of way). Then turn right and follow the public footpath for ½ mile.
- At the road turn left and walk for about 200m, then turn right and follow the footpath across the field.
- Follow the footpath through Remenham Wood.
- Leave the wood over the stile and cross the field to the signpost. Follow the path through the trees, continue over the stiles and fields until you reach the outskirts of Henley.
- Turn left and follow the road past the cricket pitch until you reach the main road and the Little Angel pub.
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Red Kites

Red kites are magnificent birds of prey with a distinctive forked tail, reddish plumage, and up to six-foot wingspan. Human persecution drove these once common birds to extinction in England by the end of the 19th century. People thought they were a threat to game rearing and sheep farming, but in fact they usually scavenge on carrion, or feed on insects, earthworms or small mammals. A re-introduction project led by the RSPB and English Nature saw over 90 birds re-introduced to the Chilterns from Spain, and now over 700 pairs are breeding here. Look out for them, particularly when walking in the Hambleden valley.

Chalk Streams

The Hamble Brook is a chalk stream - a globally rare habitat. With their clear waters and stable conditions, chalk streams are able to support a rich diversity of plants and animals. Chalk streams are fed from ‘groundwater’. This is stored in the ‘aquifer’ – layers of chalk which soak up water like a sponge. At various points the water emerges as springs which feed the streams. Like most chalk streams, the Hamble Brook dries up along parts of its course, particularly in its upper reaches near Skirrnett. This section is called a ‘winterbourne’ and only flows after heavy winter rainfall causes the water level in the aquifer to rise, bringing the springs high up the valley back to life. We take our water supply from the aquifer; we can help protect the Hamble Brook and its wildlife by using water wisely in our homes.

Features of interest

1. The original Henley Bridge was damaged in the Civil War and finally swept away in a flood in 1774. The current bridge was built 1776-1786 by Thomas Hayward who died before the bridge was finished, supposedly after catching a cold giving up his place inside a coach to a lady. The heads on the centre arch, Stag & Huntsman, were made by Anne Damer – one of the first professional women sculptors and supposedly the first woman in England to wear black silk stockings!

2. The Leander Club is the clubhouse of Britain’s oldest and world famous rowing club, founded in London in 1818 and moved to Henley in 1856. It is said that the club’s emblem, a hippo, was chosen as the only other aquatic creature apart from members to keep its nose permanently in the air. Britain’s top rowers including Stephen Redgrave and Matthew Pinsent row and train at the club.

3. Phyllis Court on the opposite bank of the river on the edge of Henley was built in 1800 and is a club owned by its members since 1906. It was previously the site of a Manor house, which was held in the 1300s by John de Moleyns from Edward III on tenure of 1 red rose a year!

4. Fawley Court, opposite from Remenham village was designed by Sir Christopher Wren in 1684, to replace an earlier house that was badly damaged by Royalist troops during the Civil War.

5. The temple on Temple Island was built as a summerhouse/fishing lodge for Fawley Court in 1777, designed by James Wyatt. Inside it is covered in Etruscan scenes. This is also the start of the Regatta course, chosen because it is a straight stretch of river!

6. Greenlands now Henley Management College, was built for WH Smith, Viscount Hambleden (founder of the WH Smith chain). This replaced an earlier house that was destroyed in the Civil War – the house had been fortified by its Royalist owner Sir John Byron, and a parliamentary force with cannons was sent to where the boat now stops to pound it into submission.

7. Hambleden Lock. The former lock keeper (Cabel Gould, 1777-1838) lived to be 92 and is supposed to have eaten a bowl of onion porridge every night! He is buried in Remenham church. The weir is a popular venue for white-water campaigning.

8. Hambleden Mill is mentioned in the Doomsday Book (1086) and was closed in 1995. It is said that at one time there were 20,000 watermills in England, mainly milling wheat to make flour. Today the mill contains private apartments.

9. The picturesque Hambleton Valley has been much used in film and TV, including Chitty Chitty Bang Bang, The Vicar of Dibley, Midsummer Murders, The New Avengers and Sleeping Hollow. St Thomas de Canterbury, the last pre-Reformation saint, was born here in 1218.

10. The treble and Sanctus bells in Hambleden Church are thought to have been cast from the bells at Fingest church, lost by the rector in a game of cards.

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